

RESOURCES LIST

Here are some resources available to McMaster Students affected by or concerned about Islamophobia, racism, and its intersections.

On Campus (McMaster University)

Equity and Inclusion Office

McMaster University Centre (MUSC) Room 212

Phone: (905) 525-9140, ext. 27581

Email: equity@mcmaster.ca

<https://equity.mcmaster.ca/>

Chaplaincy Centre

MUSC 231 Ext. 24207

Pastoral support with personal counselling and bereavement support groups.

<http://www.mcmaster.ca/chaplain/>

chaplain@mcmaster.ca

Counselling: Student Wellness Centre Clinic

wellness.mcmaster.ca

*Note for Graduate Students: Medical assessment and treatment of illness or injury can include a 20-minute mental health appointment with a physician. Make an appointment with a physician by calling ext. 27700.

McMaster Peer Support Line

905-525-9140 x28888

Non-crisis telephone supportive listening helpline and online chat for McMaster students.

Operates 7 days a week from 7pm-1am from September-April.

<https://www.msumcmaster.ca/services-directory/41-peer-support-line>

President's Advisory Committee on Building an Inclusive Community

<https://pacbic.mcmaster.ca>

MSU Diversity Services

<https://msumcmaster.ca/diversity>

Indigenous Studies Program

<https://indigenous.mcmaster.ca>

McMaster Womanists

<https://www.facebook.com/MacWomanists/>

United in Color

<https://www.facebook.com/UnitedInColour/>

McMaster Indigenous Student Community Alliance

<https://www.facebook.com/mcmastermisca/>

McMaster Muslims for Peace and Justice

<https://www.facebook.com/MacMPJ/>

Open Circle (spiritual-companionship)

<http://opencircle.mcmaster.ca/>

Off Campus

Muslim Women's Helpline 1-888-315-6472 Helpline available from 10am-10pm Ontario time.

Ontario Online & Text Crisis Services Text 741741 / www.dcontario.org Free, confidential online chat and text service available from your computer or mobile device. Operates daily from 2pm-2am.

Progress Place Warm Line Text 647-557-5882 Non-crisis peer support available from your computer or mobile device by/for consumer/survivors. Operates Friday, Saturday, and Sunday from 8pm-midnight. www.warmline.ca

National Council of Canadian Muslims

www.nccm.ca

CONTACT: tel: 1.866.524.0004, email: info@nccm.ca

Community Safety Guide: http://www.nccm.ca/wp-content/uploads/2014/03/NCCM_Community_Safety_Kit.pdf

Legal Resources**The Human Rights Legal Support Centre**

Tel: (416) 597-4900

Toll Free: 1-866-625-5179

TTY: (416) 597-4903

TTY Toll Free: 1-866 612-8627

<http://www.hrlsc.on.ca/en/contact-hrlsc/contact-information>

(Free legal advice and assistance with regard to matters under the jurisdiction of the Ontario Human Rights Code such as discrimination and harassment which relates to a code-protected ground)

The Hamilton Community Legal Clinic

Landmark Place

100 Main St E (Corner of Main and Catharine),

Suite 203 (2nd Floor)

Hamilton, ON L8N 3W4

tel: 905-527-4572

<http://www.hamiltonjustice.ca/contact>

(Free legal advice and assistance to low income individuals and families in the Hamilton area with regard to particular areas of law including but not limited to: tenant rights, social assistance law, government disability pensions, WSIB, human rights law relating to Clinic mandate, employment insurance, criminal injuries compensation board)

Legal Aid Ontario

Get legal aid help in over 200 languages at [1-800-668-8258](tel:1-800-668-8258) toll-free (or 416-979-1446 in Toronto)

Hours: Monday to Friday, 8:00 a.m. – 5:00 p.m. Best time to call: 9 to 10 a.m.

Providing advice, referrals, and legal services to low income individuals in a number of areas of law.